



3 Tennyson Road, Thatcham, Berks, RG18 3FR
01635 868385
07970 182 168
owen@heropr.com
rachel@heropr.com
www.heropr.com

SIZEN

JAN 6th 2009

SIZEN release the 'What Do You See' album via Top Stock Records on Nov 26 2008.

MAX ANDREWS-VOCALS / DAN SMITH-BASS / LOZ SMITH-DRUMS / DUDLEY ROSS-GUITAR

Formed in October 2003, SIZEN deal in hefty grooves, sledge hammer riffs and mammoth melodies. Distinctly different from the identikit emo-popsters that proliferate today, this UK quartet have drawn inspiration from the band's they grew up loving – from Metallica to Soundgarden to Rage Against The Machine.

But this is no nostalgic trip - Sizen have simply put song writing at the very centre of their existence, and 'What Do You See' demonstrates just how serious they are about bringing rock music kicking and screaming into the new millennium.

Produced by Joe Gibb (Funeral For A Friend, Million Dead, Brigade etc) at Mighty Atom Studios , the quartet have already been garnering support from all corners. (Even Rick Wakeman highlighted them as 'Ones To Watch' on his Planet Rock radio show)!!!

The 'What Do You See' album is nine tracks of honed and incisive metal. From the nu-grunge sludge of 'Not The Same' to the head down groove of 'Asylum' it rockets through it's 50minute run time with barely a pause for breath.

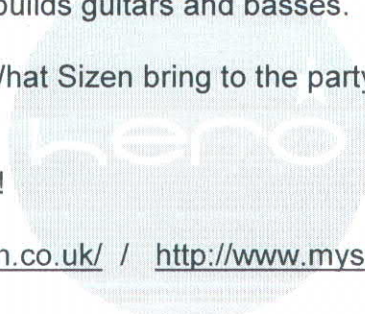
Outside the music the members of Sizen have some interesting back stories. Indeed, there's little doubt that in guitarist Dudley Ross Sizen have a true character. In addition to his six string duties the hulking lad is a Linebacker for Great Britain Lions American Football team, and captain of the East Kent Mavericks! He is also endorsed by Vigier Guitars and WKZ Amplification, no doubt in no small part due to his sterling work with Sizen!

Bass Player Dan Smith is also well known in the UK music community as he runs DS Guitars – a respected company that custom builds guitars and basses.

But this is all icing on the cake. What Sizen bring to the party is a love of song based, intense rock and metal.

And you can't say fairer than that!

<http://www.sizen.co.uk/> / <http://www.myspace.com/sizenband>



HeroPR clients include: Funeral For A Friend (Atlantic), Will Haven (Bieier Bros), Brigade (Mighty Atom), Airbourne (Capitol Records), Disco Ensemble (Universal), Senses Fall (Vagrant Records), Life Of Agony (Fulltime Hobby Records), Ghost Of A Thousand (Undergroove) etc

For further info / downloadable release artwork & band photos please visit www.heropr.com